

# MULLIGAN'S

BEACH & SPORTS BAR



## GLUTEN FREE MENU

### BREAKFAST

SERVED TILL NOON DAILY

#### BREAKFAST PLATTER \$10.99

Two eggs any style, four strips of bacon served with fresh fruit

#### STEAK N EGGS \$17.99

6oz sirloin with two eggs any style, served with fresh fruit

#### SIMPLE & FIT PLATTER \$11.99

Scrambled egg whites & fresh fruit

#### YOGURT FRUIT PARFAIT \$10.99

Creamy yogurt loaded with berries

#### SOUTH OF THE BORDER OMELETTE \$13.99

Cheddar jack cheese, tomatoes, jalapenos & salsa together for a spicy start, served with fresh fruit

#### VEGETABLE OMELETTE \$13.99

Spinach, onion, tomatoes, peppers, mushrooms & Parmesan cheese

### APPETIZERS

#### JUMO SHRIMP COCKTAIL \$3.49ea

Seriously...these are JUMBO!

#### PEEL & EAT SHRIMP \$13.99

One dozen fun to peel & eat shrimp with cocktail sauce

#### OYSTERS \$MKT

Served on the 1/2 shell



[www.mulligansbeachhouse.com](http://www.mulligansbeachhouse.com)

# LUNCH/DINNER

SERVED DAILY AT 11AM

## SALAD

### SALMON SUMMER SALAD \$21.99

Our house salad dressed up with fresh berry & orange accessories topped with grilled salmon, served with raspberry vinaigrette dressing

### CHICKEN GORGONZOLA SALAD \$18.99

Grilled chicken, mandarin oranges, cranberries & topped with gorgonzola cheese

### BEACH HOUSE CHICKEN SALAD \$18.99

Grilled chicken breast on top of fresh mixed greens, tomatoes & cucumbers

## ENTREES

### BLACKENED SEARED TUNA \$24.99

Tuna steak cooked rare with our blackened seasonings for a spicy feast

### SIRLOIN STEAK \$21.99

Tender 10oz sirloin cooked to your liking

### CARIBBEAN PINEAPPLE MAHI \$23.99

Fresh mahi mahi blackened or grilled, topped with Mulligan's pineapple salsa.

### MANGO SHRIMP \$25.99

Mango marinated shrimp topped with our homemade mango salsa

### SUNRISE SALMON \$24.99

Grilled salmon filet with rich hollandaise sauce on top

## NO BUNS

### FRESH MAHI \$17.99

Choose from grilled or blackened. Served with fruit or vegetables

### CHICKEN IN PARADISE \$15.99

Chooses from grilled or blackened. Served with fruit or vegetables



## DRINKS

### GARDEN FRESH MOJITO \$11.99

The original! Fresh limes & mint mixed with Bacardi Rum for a garden fresh flavor

### COOL CUCUMBER \$12.49

Fresh sliced cucumbers, mint & lime with Bacardi rum...ahhh...so refreshing

### MARGARITA \$11.99

Served with El Jimador 100% Agave silver tequila and our special mixes

### ULTIMATE MARGARITA \$19.99

Go Big or Go Home! Made with Cuervo 1800 Tequila, Gran Gala & Agave Nectar for a true ultimate margarita